

You have a key role in transitioning young men with Duchenne muscular dystrophy (DMD) to adult care

Your toolkit to support successful transitions

As a Paediatric Neurologist, your knowledge and support are crucial as young men transition from the paediatric to adult care setting. This transition toolkit has been provided to help support successful transitions. **The toolkit includes materials for you, your patients, and Adult Neurologists.** These materials may be available in digital or print formats. Digital materials may be downloaded at [TakeOnDuchenne.eu/transition](https://www.takeonduchenne.eu/transition) by you or an Adult Neurologist. By providing specific materials to patients and Adult Neurologists early, you can help ensure collaboration at key stages of the transition process.

For you to read and keep for your reference		
	DMD Transition Checklist for Paediatric Neurologists	<ul style="list-style-type: none"> • a review of the transition process • a checklist of action items for you to take at each key stage
Materials to send to patients in preparation for transition to adult care		
	Transitioning Letter for Patients	<ul style="list-style-type: none"> • a template for an email or printed letter to inform patients of the start of the transition process
	DMD Adult Care Transition Guide for Patients	<ul style="list-style-type: none"> • an explanation of why it is necessary to transition to adult care • a checklist of action items patients can take at each key stage of the transition process
	DMD Overview for Patients	<ul style="list-style-type: none"> • important information about DMD • treatments for managing the progression of DMD • multidisciplinary care for adult DMD management • other considerations as patients transition into adulthood
Materials to send Adult Neurologists when referring patients for adult DMD care		
	Transitioning Patient Form Letter	<ul style="list-style-type: none"> • a template for an email or printed letter to support patient transitions to adult care
	DMD Patient Medical Summary	<ul style="list-style-type: none"> • a medical plan overview • contact information, diagnoses, medications, and medical history
	DMD Transition Checklist for Adult Neurologists	<ul style="list-style-type: none"> • a review of the transition process • a checklist of specific action items Adult Neurologists can take at each key stage of the transition process
	DMD Overview for Adult Neurologists	<ul style="list-style-type: none"> • background information about DMD, including disease milestones • common assessments and treatments used to manage DMD progression • a review of the multidisciplinary care and additional support that young men with DMD may require as they transition to adulthood
	DMD Consensus Care Guideline	<ul style="list-style-type: none"> • a summary of <i>Adult North Star Network (ANSN): Consensus Guideline For The Standard Of Care Of Adults With Duchenne Muscular Dystrophy</i> • includes a direct link to download the ANSN Guideline

[TakeOnDuchenne.eu/transition](https://www.takeonduchenne.eu/transition) (part of the educational website [TakeOnDuchenne.eu](https://www.takeonduchenne.eu)) features information about DMD for both Paediatric and Adult Neurologists, including access to download all digital materials listed above.

